

SALT LAKE COUNTY
**Aging
& Adult
Services**



2023 ANNUAL REPORT

OUR WORK

Aging & Adult Services is a division of the Salt Lake County Department of Human Services and a federally designated Area Agency on Aging (AAA). We offer a variety of services to meet the needs of older adults and those who care for them through our four major sections: Active Aging, Community Engagement, Independent Aging, and Supported Aging.

Clients Served
18,007

Annual Budget
\$26.4m

Staff Members
256



Annual Increase in Senior
Center Attendance
11%

ACTIVE AGING: SENIOR CENTERS AND HEALTH PROMOTION & EDUCATION

Active Aging includes 16 Senior Centers (15 brick & mortar and 1 virtual) and Health Promotion & Education programming. Active Aging programs offer highly beneficial opportunities for social interaction, civic engagement, evidence-based classes, and healthy lifestyles to older adults. Senior Centers are staffed and operated by Salt Lake County and are offered in communities across the county, often in partnership with municipal governments. Membership is free and open to adults age 60 and over.

COMMUNITY ENGAGEMENT: OUTREACH, OMBUDSMAN, MEDICARE COUNSELING, AND VOLUNTEER PROGRAMS

Community Engagement connects older adults with vital services and volunteer opportunities. The Outreach team answers calls, provides information and referrals, and conducts intakes for AAS. The Ombudsman program protects the rights of residents in long-term care facilities. Medicare Counseling helps older adults (or beneficiaries) understand their Medicare Options. Volunteer opportunities provide people of all ages the chance to make a difference in our community by serving in a variety of ways that help support older adults.



Meals on Wheels
Assessments Completed
1,897

<u>Active Aging</u>	<u>Community Engagement</u>	<u>Independent Aging</u>	<u>Supported Aging</u>
Senior Center Members 11,500	Total Volunteers 1,817	Home-Delivered Meals Served 400,142	In-Home Services Clients 361
Meals Served at Centers 260,353	Volunteer Hours 137,797	Meals on Wheels Clients 3,042	Caregiver Support Clients 254
Health Education Clients 2,436	Outreach Calls Answered 20,970	Rides Provided 43,485	Veteran Clients 43
Virtual Senior Center Members 765	Ombudsman Cases 82	Rides for Wellness Clients 1,515	Refugee Services Clients 29

INDEPENDENT AGING: MEALS ON WHEELS, CONGREGATE LUNCHES, AND RIDES FOR WELLNESS

Independent Aging helps extend older adults' ability to age at home through transportation and nutrition services. Congregate Meal drivers deliver food to AAS' 15 Senior Centers daily. Meals on Wheels provides hot midday meals to vulnerable older adults who are homebound and in need of nutritional support. Rides for Wellness provides rides for older adults to critical medical appointments.



Wheelchair Rides Provided
8,013



\$ Saved to State by
Medicaid Aging Waiver
\$5,903,647

SUPPORTED AGING: IN-HOME SERVICES, CAREGIVER SUPPORT, AND ASSISTANCE PROGRAMS FOR KEY POPULATIONS

Supported Aging promotes choice for older adults and caregivers who wish to live independently. Our eligibility-based programs provide case management and services such as adult day health, medical equipment, homemaking, and companionship. Caregiver Support offers free support groups and education to caregivers. Short term respite services and case management can be provided to eligible caregivers. Eligible Veterans can receive case management and self-directed services through the Veterans Direct Care program. Our navigation programs assist older refugees, older adults experiencing homelessness, and wait-listed clients with application assistance, eviction prevention, and resources.



The images in this report are a part of Salt Lake County Aging & Adult Services' award-winning "Portrait of a Caregiver" exhibit that opened at the Salt Lake County Government Center in August 2023.

This exhibit, hosted by our Caregiver Support Program, brings caregiver experiences to life by capturing the deeply personal and diverse stories of caregivers through the lens of photography.

This heartfelt initiative reflects our commitment to understanding and assisting caregivers in their unique journeys.

CONTACT US

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Promoting independence through advocacy, engagement, and access to resources.