September 2024 Menu



Lunch served from 11:30 - 12:15PM

Suggested Donation: \$4.00.

To donate online, please visit https://slco.org/aging-adult-services/get-involved/ and click on the "Donate" button

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Labor Day	Meatloaf (Birthday Meal)	Pork Carnitas	Philly Cheese Steak	Chicken Macaroni & Cheese
Center	Whipped Potatoes w/Brown Gravy	Shredded Cabbage Black Beans	Mixed Vegetables Mixed Fruit	Mixed Green Salad Mixed Vegetable Blend
Closed	Green Beans	Mixed Vegetable Blend	Double Chocolate Chip	Hot Spiced Fruit
0.000	Stewed Tomatoes Seasonal Fresh Fruit		Cookie	Rocky Road Pudding
	Frosted Birthday Cake			
9	10	П	12	13
Pork Roast w/Mushroom Gravy	Chef Salad	Green Chili & Cheese Bake	Breaded Fish Sandwich	Beef Taco
Whipped Potatoes	Saltine Crackers Pickled Beets	Black Beans w/Red Peppers Hot Mixed Fruit	Peas & Carrots	Pinto Beans
Spinach Seasonal Fresh Fruit	Citrus Fruited Gelatin	Lemon Pudding	Pineapple Slaw Tropical Fruit	Shredded Cabbage Whole Kernel Corn
Fresh Baked Cookie				vviiole iteriiei Goiii
16	17	18	19	20
Teriyaki Meatballs	Egg Salad Sandwich	Italian Turkey Pasta Bake	BBQ Hamburger	Chicken Caesar Salad
Parslied Rice	Kidney Bean Salad	Mixed Vegetables	Ranch Beans	Saltine Crackers
Mixed Vegetables Seasonal Fresh Fruit	Mixed Fruit Orange Gelatin	Peaches Pineapple Lime Whip	Shredded Cabbage Brussel Sprouts & Corn	Mandarin Oranges Fresh Baked Cookie
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23	24	25	26	27
Tuna Salad Sandwich	Vegetarian Lasagna Bake	Chicken Parmesan	Sack Lunch	Swedish Meatballs w/Penne Pasta
Three Bean Salad	Mixed Green Salad	Whole Wheat Roll		Mixed Vegetables
Mixed Fruit Fresh Baked Cookie	Mixed Vegetable Blend Pineapple Tidbits	Spinach Hot Cinnamon	Center will be closed	Hot Spiced Apples
	Strawberry Gelatin	Applesauce	at 12:30 PM today	
30				
Beef Lasagna				
Whole Wheat Roll				
Green Beans Seasonal Fresh Fruit				
Raspberry Gelatin				

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments