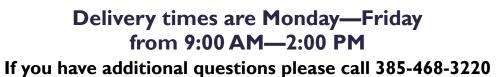
September 2024 Menu

AGING & ADULT SERVICES

<u>LAKE</u> NTY



Suggested Donation: \$3.50

To donate online, please visit <u>https://slco.org/aging-adult-services/get-involved/</u> and click on the "Donate" button

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Chicken Cacciatore Penne Pasta Mixed Vegetables Mixed Fruit	Meatloaf (Birthday Meal) Whipped Potatoes w/Brown Gravy Green Beans Stewed Tomatoes Seasonal Fresh Fruit Frosted Birthday Cake	Pork Carnitas Shredded Cabbage Black Beans Mixed Vegetable Blend	Philly Cheese Steak Mixed Vegetables Mixed Fruit Double Chocolate Chip Cookie	Chicken Macaroni & Cheese Mixed Green Salad Mixed Vegetable Blend Hot Spiced Fruit Rocky Road Pudding
9	10	П	12	13
Pork Roast w/Mushroom Gravy Whipped Potatoes Spinach Seasonal Fresh Fruit Fresh Baked Cookie	Chef Salad Saltine Crackers Pickled Beets Citrus Fruited Gelatin	Green Chili & Cheese Bake Black Beans w/Red Peppers Hot Mixed Fruit Lemon Pudding	Breaded Fish Sandwich Peas & Carrots Pineapple Slaw Tropical Fruit	Beef Taco Pinto Beans Shredded Cabbage Whole Kernel Corn
16	17	18	19	20
Teriyaki Meatballs Parslied Rice Mixed Vegetables Seasonal Fresh Fruit	Egg Salad Sandwich Kidney Bean Salad Mixed Fruit Orange Gelatin	Italian Turkey Pasta Bake Mixed Vegetables Peaches Pineapple Lime Whip	BBQ Hamburger Ranch Beans Shredded Cabbage Brussel Sprouts & Corn	Chicken Caesar Salad Saltine Crackers Mandarin Oranges Fresh Baked Cookie
23	24	25	26	27
Tuna Salad Sandwich Three Bean Salad Mixed Fruit Fresh Baked Cookie	Vegetarian Lasagna Bake Mixed Green Salad Mixed Vegetable Blend Pineapple Tidbits Strawberry Gelatin	Chicken Parmesan Whole Wheat Roll Spinach Hot Cinnamon Applesauce	Breaded Fish Florentine Rice Cabbage & Carrots Seasonal Fresh Fruit	Swedish Meatballs w/Penne Pasta Mixed Vegetables Hot Spiced Apples
30				
Beef Lasagna Whole Wheat Roll Green Beans Seasonal Fresh Fruit Raspberry Gelatin				

Some items may be subject to change due to product availability | All meals served with 8 oz milk and appropriate condiments