



# Caregiver Talking Points

Join us for discussions of up to one-hour Caregiver Talking Point webinars that assist family and non-professional caregivers to more easily manage and navigate care.

## 2024 Virtual Series

**Held the 4th Tuesday each month from 12 Noon to 1:00 PM on WebEx**

The link will be provided to those who register for the series. A reminder email is sent before each webinar to help you find the link more easily.

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|---------------|--|
| <b>Jan 23</b> | <b>Identifying Abilities</b> (for the caregiver and their care receiver) |
| <b>Feb 27</b> | <b>Finding Resources</b>   |
| <b>Mar 26</b> | <b>Understanding Behaviors</b>   |
| <b>Apr 23</b> | <b>Helping Others Accept Care</b>  |
| <b>May 28</b> | <b>Arranging Care at Home</b>  |
| <b>Jun 25</b> | <b>Getting Creative</b> (save \$ using everyday items)                   |
| <b>Jul 23</b> | <b>Working with Behaviors</b>  |
| <b>Aug 27</b> | <b>Re-Engaging in Life</b> (balancing your needs)                        |
| <b>Sep 24</b> | <b>Setting Boundaries</b>  |
| <b>Oct 22</b> | <b>When Someone Dies at Home</b>   |

Do you need help signing up online?

Call Kathy at  
**385-468-3281**

**Sign up online at:**

[monami.io/calendars/salt-lake-county-aging-adult-services](https://monami.io/calendars/salt-lake-county-aging-adult-services)



**Salt Lake County Aging & Adult Services**

2001 S State Street SI-600, Salt Lake City, Utah 84190

385-468-3280 | TTY 7-1-1 | [slco.org/caregiver](https://slco.org/caregiver) | #slcoaging | @slcoaging