



The Salt Lake County Caregiver Support Program 385-468-3280 | slco.org/caregiver | [@slcoaging](https://twitter.com/slcoaging)

Salt Lake County Caregivers,

Aging & Adult Services offers a Caregiver Support Program that assists family and other non-paid caregivers with:

- Information, consultations, and resources
- Free classes, events, and support groups
- Limited respite services—a brief period of relief for the caregiver (requires an intake/application)

To participate in the limited respite portion of the Caregiver Support Program, caregivers must be:

- 18 years or older caring for an individual 60 years or older who needs help with at least two activities of daily living
- 18 years or older caring for an individual with Alzheimer's/Dementia of any age
- Older relatives (not parents) age 55 and older caring for children under the age of 18
- Other relatives (including parents) age 55 and older providing care for adults 18 to 59 with disabilities

Call **385-468-3280** for more information.

Salt Lake County Aging & Adult Services
 2001 S State Street, S1-600
 P.O. Box 144575
 Salt Lake City, UT 84114-4575

Place
 Stamp
 Here
