

MAGNA KENNECOTT SENIOR CENTER



September 2024

Senior Wellness Decathlon

- September 10th 8:00-2:30 PM

Scales & Tails Field Trip

- September 24th 9:00 AM (Bus leaves at 8:30 AM)
- \$8 per person

Guitar Lessons

- Sign up for guitar lessons!
- Mondays and Thursdays at 11:00 AM

Vital Aging

- Friday, September 13th at 1:30 PM
- Friday, September 26th at 11:00 AM

Announcements

Lunch Program

Dine-in: 11:30 AM—12:15 PM

Special Meal!

***Sign up at front desk OR call**

Birthday Tuesday: September 3rd

Decathlon: September 10th

September Entertainment

BD Howes

Tues, September 3rd

BD Howes Band

Tues, September 10th

Center Information

HOURS

Monday - Friday

7:00 AM - 4:00 PM

CONTACT

(385)468-3000

Manager: *Amanda Kaneko*
Coordinator: *Lindsey Beyeler*

Office: *Bertha Lopez*

Kitchen: *Becci Saxton*

Custodian: *Elias Hicks*

Driver: *Jonathan Hill*

ADDRESS

9228 West 2700 South
Magna, Utah 84044

WEBSITE

slco.org/magna-kennecott



September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 3 Birthday Tuesday	4	5	6
Center Closed Labor Day	9:00 Sew-N-Sews 9:00 Broomstick Stitch Afghan 9:45 Arthritis Exercise 10:30 Kumihimo Beading 11:00 Live Music: BD Howes 11:30 Dine-In Lunch 12:00 Strength/Tai Chi Form 12:30 Leather Craft	9:00 Painting w/Karen 9:00 Introduction to Spanish 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo	9:30 Strength/Tai Chi Form 9:45 Arthritis Exercise 10:30 Kumihimo Beading 10:30 Yoga 11:00 Guitar Lesson 11:30 Dine-In Lunch 12:15 Pottery 12:30 Social Coloring	9:00 Introduction to Spanish 10:00 Line Dancing 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo
9	10	11	12	13
9:00 Introduction to Spanish 11:00 Dance Flow 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:30 Kumihimo Beading 12:30 Afternoon Movie: "Hope Floats"	Senior Wellness Decathlon!	9:00 Painting w/Karen 9:00 Introduction to Spanish 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo	9:30 Strength/Tai Chi Form 9:45 Arthritis Exercise 10:30 Kumihimo Beading 10:30 Yoga 11:00 Guitar Lesson 11:30 Dine-In Lunch 12:15 Pottery 12:30 Social Coloring	9:00 Introduction to Spanish 10:00 Line Dancing 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo 1:30 Vital Aging
16	17	18	19	20
9:00 Introduction to Spanish 11:00 Dance Flow 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:30 Kumihimo Beading 12:30 Afternoon Movie: "Pursuit of Happyness"	9:00 Sew-N-Sews 9:00 Broomstick Stitch Afghan 9:45 Arthritis Exercise 10:00 AARP Defensive Driving 10:30 Kumihimo Beading 10:30 Intergenerational Story Time 11:30 Dine-In Lunch 12:00 Strength/Tai Chi Form 12:30 Leather Craft	9:00 Painting w/Karen 9:00 Introduction to Spanish 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo	9:30 Strength/Tai Chi Form 9:45 Arthritis Exercise 10:00 AARP Safe Driving 10:30 Kumihimo Beading 10:30 Intergenerational Crafts 10:30 Yoga 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:15 Pottery 12:30 Social Coloring	9:00 Introduction to Spanish 10:00 Line Dancing 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo
23	24	25	26	27
9:00 Introduction to Spanish 11:00 Dance Flow 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:30 Kumihimo Beading 12:30 Afternoon Movie: "John Wayne" 2:00 Salvation Army Food Boxes	9:00 Sew-N-Sews 9:00 Broomstick Stitch Afghan 9:30 Scales & Tails Field Trip 9:45 Arthritis Exercise 10:30 Kumihimo Beading 11:30 Dine-In Lunch 12:00 Strength/Tai Chi Form 12:30 Leather Craft	9:00 Painting w/Karen 9:00 Introduction to Spanish 10:00 U of U Outreach 11:00 Dance Flow 11:30 Dine-In Lunch 12:30 Bingo 1:30 Bunco	9:30 Strength/Tai Chi Form 9:45 Arthritis Exercise 10:30 Kumihimo Beading 10:30 Yoga 11:00 Local Author Book Club 11:00 Guitar Lesson 11:30 Dine-in Lunch 11:30 Relay Utah Presentation 12:15 Pottery 12:30 Social Coloring	9:00 Introduction to Spanish 10:00 Line Dancing 11:00 Dance Flow 11:00 Vital Aging: Open Clinic w/Jesse 11:30 Dine-In Lunch 12:30 Bingo
30	<p>Key:</p> <p style="color: #a64d59;">Program 1-2 times/month</p> <p style="color: #5da5da;">Health Promotion</p> <p style="color: #5da5da;">Special Event</p> <p style="color: #ffc107;">Entertainment</p>			
9:00 Introduction to Spanish 11:00 Dance Flow 11:00 Guitar Lesson 11:30 Dine-in Lunch 12:30 Kumihimo Beading 12:30 Afternoon Movie: "The Day After Tomorrow"				