Taylorsville Senior Center

September 2024



HIGHLIGHTED PROGRAMS:

Farmer's Markets - Tuesday, September 3rd at 11:00^{am} and Monday, September 23rd at 11:00^{am} in the Dining Room. To get produce you will need a ticket, make sure to get a ticket starting at 7:00^{am} at the front desk. We will start calling ticket numbers at 11:00^{am}. **PLEASE BRING BAGS**.

Wheeler Farm and Lunch at McDonalds - Monday, September 16th, the bus will leave at 9:45^{am} and will return to the center at 12:00^{pm}. You must sign up in advance to take a trip to Wheeler Farm. After Wheeler Farm the bus will go to McDonalds for lunch where you can purchase your own meal.

Play Fall Prevention Bingo! - Thursday, September 18th at 10:00^{am} in the Dining Room. There will be prizes and information on Fall Prevention provided by Salt Lake County Health Promotions.

Computer Class - Mondays and Wednesdays, 9:00^{am} to 11:00^{am}. Registration is required for a 30 minute time slot.

Call 385-468-3370 to register or see the front desk.

REGISTRATION IS CLOSED for Mind Over Matter, Stronger Memory and Walk with Ease.

ANNOUNCEMENTS:

- * **BINGO** Three times a week! Check calendar for dates and times.
- * In-person dining and hot meal take out: 11:30^{am} 12:15^{pm} Mon.-Fri.
- * PICKLEBALL paddles and balls available for sign out.
- * All activities are subject to change

Center Information

HOURS

Monday - Friday 7:00 AM - 4:00 PM

CONTACT

(385)468-3370

Manager: Mike Potter

Programs: Vacant

Office: Daisy Figueroa

Kitchen: Peter Rackl

Transportation: Dana Bishop

Michael Belew

ADDRESS

4743 S. Plymouth View Dr. (4743 S. 1650 VV.) Taylorsville, Utah 84123

WEBSITE

<u>www.slco.org/</u> <u>taylorsville-senior-center</u>



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
CENTER CLOSED FOR LABOR DAY	9:30 Crochet Group 10:00 Wii Bowling 10:30 Vital Aging 11:00 Farmers Market 11:00 Entertainment 12:00 Paint Group 1:00 Hatha Yoga	9:30 Advisory Mtng. 9:00 Chair Aerobics 9:00 Walk w/ Ease 9:00 Computer Class 10:30 EnhanceFitness 1:00 Bingo 2:00 Drums Alive	9:00 Refugee Sewing 9:00 Wendover 9:30 Crochet Group 10:00 Wii Bowling 12:00 Table Tennis	9:00 Chair Aerobics 9:00 Walk w/ Ease 10:30 EnhanceFitness 10:00 Walmart Bus 10:00 Bingo
9	10	Ш	12	13
9:00 Chair Aerobics 9:00 Computer Class 9:30 Refugee ESL 10:30 EnhanceFitness 11:00 Book Club 10:00 Dollar Tree Bus 1:00 Bingo 2:00 Stronger Memry	9:00 Biscuits & Gravy 9:30 Crochet Group 10:00 Wii Bowling 10:30 Vital Aging 11:00 Entertainment 12:00 Paint Group 1:00 Hatha Yoga 2:30 Table Tennis	9:30 Advisory Mtng. 9:00 Chair Aerobics 9:00 Computer Class 9:15 Mind Over Matter 10:30 EnhanceFitness 12:00 Ice Cream 1:00 Bingo 2:00 Drums Alive 2:00 Story Taylors	9:00 Refugee Sewing 9:30 Crochet Group 12:00 Table Tennis 1:00 Good Grief	9:00 Chair Aerobics 10:30 EnhanceFitness 10:00 Walmart Bus 10:00 Bingo
16	17	18	19	20
9:00 Chair Aerobics 9:00 Computer Class 9:30 Refugee ESL 9:45 Wheeler Farm and McDonalds 10:30 EnhanceFitness 1:00 Bingo 2:00 Stronger Memry	9:30 Crochet Group 10:00 Wii Bowling 10:30 Vital Aging 12:00 Paint Group 1:00 Hatha Yoga 2:30 Table Tennis	9:00 Chair Aerobics 10:00 Fall Prevention Bingo 9:00 Computer Class 10:30 EnhanceFitness 1:00 Bingo 2:00 Drums Alive	9:00 Refugee Sewing 9:30 Crochet Group 12:00 Table Tennis 5:00 Evening at the Center	9:00 Chair Aerobics 10:00 AARP Safe Driving Class 10:00 Walmart Bus 10:00 Bingo 10:30 EnhanceFitness
23	24	25	26	27
9:00 Chair Aerobics 9:00 Computer Class 9:30 Refugee Joy Club 10:30 EnhanceFitness 11:00 Farmers Market 10:00 Dollar Tree Bus 1:00 Bingo	9:30 Crochet Group 10:00 Wii Bowling 10:30 Vital Aging 12:00 Paint Group 1:00 Hatha Yoga 2:30 Table Tennis	9:00 Chair Aerobics 9:00 Computer Class 10:30 EnhanceFitness 1:00 Bingo 2:00 Drums Alive 2:00 Story Taylors	9:00 Refugee Sewing 9:30 Crochet Group 12:00 Table Tennis Center Closing at 12:30pm for Staff Retreat	9:00 Chair Aerobics 10:00 Walmart Bus 10:00 Bingo 10:30 EnhanceFitness
30				
9:00 Chair Aerobics 9:00 Computer Class 10:30 EnhanceFitness 1:00 Bingo	September			