February 14, 2023



### Weekly Message

Did you hear the news? The NBA All-Star Game is this week! We are incredibly excited to be hosting this year's event and all the festivities it includes. Last year's event was in Cleveland, Ohio, and the economic impact was huge! Almost \$250 million was generated over the long weekend—but we think we can do better! Our local businesses are ready to serve thousands of weekend visitors.

Leading up to the game, the NBA is offering opportunities for the community and there's something for everyone. For starters, there are life-size Jazz player cut outs located in libraries, rec centers, senior centers, the County Government Center, and other County facilities. Be sure to visit and see how you measure up!

If you're hoping to attend one of the many events this week, you can view the official event list by downloading the <u>NBA Events App</u> or by visiting the <u>NBA website</u>. One of the events we're most excited about is the Crossover event and Jam Session that will be available Friday-Sunday at the Salt Palace. Should you attend, be sure to stop by the Salt Lake County/Visit Salt Lake booth to design a t-shirt, try out a ski simulator, or even sign up for a library card.

If aiming for the aesthetic is more your pace, check out the outdoor art installations at Abravanel Plaza and the Huntsman Center at the University of Utah, as they'll provide the perfect backdrop for your next Instagram post.

And, of course, if you haven't yet signed up to attend, <u>Mayor Wilson's Book Club</u> <u>luncheon</u> still has some tickets available for Saturday at 11:30 a.m. at the Eccles Business School. We'll discuss *Basketball: A Love Story* over lunch with a special guest featured in the book in attendance. Luncheon attendees—in addition to the public—are also invited to watch the Historic Black College and University Game at 2 p.m.

The NBA All-Star Game is on Sunday at 6 p.m. If you plan to watch the game, you can purchase tickets and attend in-person, visit a local business who will be streaming the game live, or watch on your own TV at home via TNT. No matter how you choose to spend your NBA All-Star Weekend, we hope it's a great one!

### Free Tax Clinic

The Westminster Tax Clinic has set aside two days for County employees to receive free tax preparation and financial advocacy services in addition to the normal schedule. These employee-only days are **Friday**, **February 17**, and **Friday**, **March 17**, from **10** a.m. to **2** p.m. in the lobby of the Government Center North Building.

For more information, please visit https://westminstercollege.edu/taxclinic.

### **Employee Enrichment Series**

Join us this Thursday, February 16, at 1 p.m. for another employee enrichment course! We'll be rethinking how to reclaim time throughout the day and fit in more of the things that bring you joy. Attendees will be given insights and resources that will assist them with prioritizing the things that matter most in their lives, including strategies to prevent and manage stress. To add this event to your calendar, please click here: bit.ly/ees-calendar.

Meeting ID: 858 0254 5017 Passcode: 519943

The Employee Enrichment Series brings in speakers from across the state to share their knowledge with county employees. There will be a one-hour-long presentation on the third Thursday of every month on topics such as professional development, building habits, and working through conflict. Each session attended will be worth 10 healthy lifestyle points and there will also be opportunities to enter prize drawings each month.

# **Workplace Boundaries**

Need help incorporating healthier boundaries at work? Come join us for Workplace Boundaries, where you will leave with an individualized plan on how to strengthen or implement a new boundary. This class is virtual via Webex on Thursday, February 23, 2023 from 9 a.m. to 11 a.m. <u>Register</u> today.

# Supervisor Boot Camp

The spring cohort for the Supervisor Boot Camp is open for registration. This 6session intensive training is designed to give new and prospective supervisors a general understanding of the supervisory role and existing supervisors a refresher. The curriculum combines policy and procedures overviews with the important leadership skills training necessary to successfully engage employees. <u>Register</u> today and make sure you register for all 6 sessions.

## March into May

Captain registration is now open for Healthy Lifestyle's March into May! Captains must <u>register</u> by **February 22** to ensure their teammates will be able to join their teams.

### What is March into May?

March into May is a 6-week team challenge where teams of 4–12 walkers and solo walkers are invited to participate. The goal is to walk an average of 7,000 to 10,000 steps a day to meet the CDC's physical activity guidelines. This is a friendly and social competition with divisions based on similar activity levels. There are three divisions with one winning team from each.

#### Who Can Participate?

All Healthy Lifestyles participants and SLCo employees are eligible to participate. If you are unable to walk during the challenge, you are encouraged to convert your movement into steps.

#### How Does It Work?

Participants must record 75% of steps and complete the post-survey to receive 100 points. WellSteps will send weekly notifications to input steps during the 6-week program. WellSteps will display personal steps, team steps, and calculate the leaderboard to show your team's standing against your coworkers.

\*Note: General registration for team members opens on February 27. The March into May challenge will run from March 27–May 7.

### Smart Gov Fund



IS LOOKING FOR INNOVATIVE IDEAS THAT CAN

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Satt Lake County

#### SAVE MONEY

Projects that reduced costs, or opportunities to create new revenue

IS

THE

LINK

SAFE?

SAVE TIME Projects that can save employee

time, residents' time, or time saving by your organization

#### DELIVER EFFICIENT SERVICES

Projects that can streamline and improve processes, or reduced inefficiencies, or waste in existing processes.

### **Idea Collection Opens March 13, 2023**

### Project funding available up to \$100,000

The purpose of the Smart Gov Fund is to encourage, support, and fund ideas that demonstrate a strong return on investment by reducing operating costs, generating new revenue, saving time, and/or improving public service delivery to Salt Lake County residents.

> Remember to hover over links to ensure they're safe. Safe links should start with one of the following:

- slco.org
- slcounty.org
- slco.to
- s2.bl-1.com
- slcounty.sharepoint.com
  slco.sabacloud.com

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