

Group Fitness Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8a-9a		Yoga w/ Susan		Yoga w/ Susan		
11a-12p						Zumba w/ Julieta
12p-1p						Yoga w/ Julieta
4:30p- 5:15p			Tone and Stretch w/ Masuda			
5:15p- 6:00p			Yoga w/ Masuda			

Day Pass: \$4

Questions? Call 385-468-1550

2025 Schedule

**Classes are subject to
change/cancel without notice**